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4-H Youth Development Program



After School? For High
School? No Way!!!



Workshop Goals



Workshop Goals

Build some understanding of:

- age specific characteristics (focus on pre-adolescent and adolescent)
- a chance to play
- ideas and tips for working with African-American and Latino youth
- an opportunity to apply information



How we work with Youth



How we work with Youth

Use Experiential Learning and Youth and Adult Partnerships

- To focus on the development of Citizenship, Leadership & Life Skills



Listen to this song and



Domain Characteristics

Domain Characteristics

Focus	Physical	Cognitive	Emotional	Social
12-14	Both genders experience physical changes (e.g., height, voice, secondary sex characteristics) that are rapid and profound. Physical strength, balance and muscle coordination continue to advance.	Youth exhibit abilities to think abstractly and hypothetically. Beginning to develop skills using logic; can use reason to understand results and consequences.	Youth can be highly self-conscious and self-critical. Changing body image may result in anxiety and embarrassment. Youth are at risk of having low self esteem	Youth begin to exhibit more independence, shifting from reliance on parents to forming own values. However, adult approval is still important.
15-18	Most teens have gone through puberty. Physical strength, balance and muscle coordination are well developed.	Youth are competent abstract thinkers. Have the ability to process information and ideas to explain how and why things occur.	Feelings of being inferior and/or adequate are prevalent among this age group. Some males may still be going through puberty and may be uncomfortable with their changing body image.	Youth are more independent; exhibit an increased willingness to accept responsibility and fill adult leadership roles.

Build a Teen



Build a Teen

Criteria:

- African-American, Latino/a
- Male or Female
- Bi-racial (at least one parent is African-American or Latina/o)
- Lives in the city



Tips for Working with African-American and



Tips for Working with African-American and

Consider

- hip hop
- community connections
- spiritual relationships
- cause driven (i.e., a campaign to stop date rape and/or teen dating violence)
- Manageable and meaningful



Ideas for Working with African-American Youth



Ideas for Working with African-American Youth

- Must be a conduit for the development of social capital
- Know and be comfortable with the culture (i.e., community norms, mores, politics)
- Informal to formal
- Nurture healthy peer groups



How do you translate the characteristics of youth into quality practices?



Youth Development Best Practices

12 - 14 Year Olds | 5 - 19 Year Olds

Physical	Provide fun, active learning experiences such as sports and games.	Youth have achieved a high level of physical competence; activities that require detail, precision and/or physical endurance are appropriate.
Cognitive	Engage youth in problem-solving activities; provide supervision, but do not interfere with the process. Encourage youth to evaluate the results of their efforts.	To maintain the youth's interest, provide relevant, meaningful, problem-solving activities. Youth are capable of generating and implementing their own activity ideas.
Emotional	Plan activities that help youth build skills without comparing them to others or singling them out among their peers. Do not use putdowns or sarcasm.	Plan activities where youth have increased responsibility within their roles. Provide opportunities for youth to be accountable to themselves and others. Communicate in a supportive and constructive fashion that treats youth as young adults.
Social	Provide experiences for youth to learn about themselves. Include opportunities for youth to plan mixed gender activities.	Promote activities that encourage individual development. Create a supportive peer environment. Provide mixed gender, self-planned activities with leadership roles.

The Community Engagement Project



The Community Engagement Project

- ☑ Involves various school and community constituent groups
- ☑ Appropriate and realistic
- ☑ Has an ending (if ongoing has a succession plan)



Help them Plan a Community Engagement

Profile 1

Profile 2

Help them Plan a Community Engagement

Profile 1

Profile 2

Number of youth	15
Average Age	15
Gender	11 Females; 4 Males
Number of adults	1
Number of meetings	Once/week/12 weeks
Setting	High school/rural
Ethnic make up of group	African-American/Latino/a

Help them Plan a Community Engagement

Profile 1

Number of youth	15
Average Age	15
Gender	11 Females; 4 Males
Number of adults	1
Number of meetings	Once/week/12 weeks
Setting	High school/rural
Ethnic make up of group	African-American/Latino/a

Profile 2

Number of youth	20
Average Age	17
Gender	9 Females; 8 Males
Number of adults	1
Number of meetings	Once/week/12 weeks
Setting	High school/urban
Ethnic make up of group	Latino/a

Ideas for Working with African-American Youth



Ideas for Working with African-American Youth

- Be consistent and on time
- De-sterilize the environment
- Don't patronize
- Validate and affirm
- Move from informal to formal



Here's What We Did



Here's What We Did

Cohort 12-15 youth

- 12 weeks
 - Day of Listening
 - short/long term goals
 - organizing
 - college tours/visits/stays



Here's What We Did



Here's What We Did

- career thinking
 - resume writing
 - interviewing
 - application
 - on the job etiquette
- educational preparation
 - university, trade, community college
- Community engagement project



Contact information

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Any Questions, Thoughts, Critiques, Ideas?

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