**Nutrition and Physical Activity Committee Meeting Notes 3-11-14**

In response to the evaluation from the last call, we incorporated time for each participant to share promising practices for Nutrition, Physical Activity, and Food Security during introductions . We also added more slides during presentations for everyone to see. Meeting attendees are listed at the end of the notes.

**California Department of Education After School Division Strategic Plan Update (Jeff Davis)**

* [The CDE After School Division (ASD)Strategic Plan](http://www.cde.ca.gov/ls/ba/cp/documents/asdstrategicplan.pdf) has been released.
* *What it is:* Advice and guidance from the field on how to improve systemic program quality (i.e., base TA efforts on needs, research, and promising practices / lessons learned from prior TA projects) through a variety of After School Division-led efforts, some field-led efforts, and some that are accomplished collaboratively by both the division and the field.
* *What it is not:* A detailed implementation plan
* The strategic plan document provides advice and guidance for how to advance the strategic plan to the next level

**Work Group on Quality Standards (Jeff)**

* The new Work Group on Quality Standards (Phase II) met March 6 to begin development of descriptors for each of the 12 Quality Standards previously developed as part of the CDE ASD Strategic Plan work. They will lay out what the standards look like in action. See
* [Quality Standards for Expanded Learning Programs](http://www.afterschoolnetwork.org/post/quality-standards-expanded-learning-programs) for the 12 standards.
* Two Nu/PA committee members, Ian Keiller and Bruno Marchesi, are serving on the new work group.
* There will be multiple opportunities for the field, including this Committee, to offer input to what the standards look like in practice.

**Older Youth Conferences (Bruno Marchesi)**

* Multiple conferences have been hosted by CAN over the past year. The recent Region 8 conference had 800 participants.
* One more will be held in Region 6 in Modesto on March 22
* Many of these conferences (special kudos to Region 2) intentionally focused on serving healthy food and ensuring participant access to plenty of water.
* Opportunity going forward to assess the number of Nu/PA workshops and whether food/beverages served were healthy.

**Child and Adult Care Food Program –Meal Program Update (Kathy Lewis)**

* There is a [CAN website resource page on the after school meals program.](http://www.afterschoolnetwork.org/after-school-meal-program)
* Committee members are encouraged to identify additional resources needed and to point out fixes needed on any materials.
* After School Regional Leads have all been updated on resources to support the implementation of the meal program and are actively engaged in doing Meal Program outreach in their regions.
* Challenges identified –
* Food storage (FYI - meal funds can be used to purchase refrigerators to assist with food storage).
* Food service directors charge after school programs for un-served meals (excess meals).
  + ***This is something that the committee can look at addressing.***
* Nuts and Bolts Webinars - 10 minutes or less and focus on specific issues on the meal program. Two have been completed, and a third on Food Safety is in process. See links below:
  + [How to Apply to Serve Meals](http://www.afterschoolnetwork.org/how-apply-serve-meals)
  + [Menus and Meal Patterns](http://www.afterschoolnetwork.org/post/after-school-meal-program-child-and-adult-care-food-program) (most recent)

**YMCA of Silicon Valley youth engagement presentation – (Doreen Hassan and Eric Elder)**

* Illustrated how the YMCA of Silicon Valley is utilizing youth engagement strategies as part of their approach to nutrition, physical activity, and health.
* [View this brief audio-video presentation](http://vimeo.com/89325333).
* [Access the pinterest resource page](http://www.pinterest.com/csva/).

**Apply to be a Co-Chair of the Nutrition and Physical Activity Committee (Jeff)**

* Kathy Lewis is stepping down as Co-Chair of the Nu and PA Committee. Bruno Marchesi has taken her place as manager of the Healthy Behaviors Initiative, and Kathy is only working part-time. Therefore, we need a new Co-Chair to work with Arnell.
* Responsibilities include meeting annually with all Network Committee Co-chairs, creating an annual work plan in alignment with the CAN strategic plan, coordinating meetings and agendas, recruiting speakers and sub-committee chairs, and working with CAN staff to implement initiatives, maintain the Nu/PA web pages and all committee processes.
* [**Apply by March 17th**](http://www.afterschoolnetwork.org/post/nutrition-and-physical-activity-committee-co-chair-candidacy-submission) in order for your candidacy to be considered.
* The Committee will have an opportunity to weigh in on the Co-Chair.

**Policy Updates**

[Video link for Nutrition and PA Policy Updates](http://vimeo.com/89326853)

Federal Updates

2014 Farm Bill (Tracey Patterson)

* See [Center on Budget and Policy Priorities: Summary of the 2014 Farm Bill](http://www.cbpp.org/cms/?fa=view&id=4082) for more detail.
* Major cuts to SNAP (formerly food stamps, now CAL-FRESH in CA) by $8.9 billion over the next ten years, cutting essential benefits to high need populations, and reducing state capabilities to combine utility and food assistance.
* Eligibility rules were clarified, and fraud provisions were increased.
* New strategies to connect recipients to employment options
* Increase in funding for community food projects competitive grant.
* Change to emergency food.
* SNAP Ed funding can now be used to promote physical activity.
* Fresh fruits and vegetables for schools, along with some non fruit and vegetable provisions for schools also included in 2014 Farm Bill.
* Food and agriculture service learning program established.

21st Century Community Learning Centers (21st CCLC) (Steve Fowler)

* Demand far outstrips supply of funds in CA.
* The sequestration cut to 21st CCLC was restored, very much due to Arnold Schwarzenegger’s efforts in Washington last fall. He was able to get 21st CCLC funding restored with bi-partisan support.
* Obama administration budget does not propose an increase or a cut to 21st CCLC.

Elementary and Secondary Education Act (ESEA – No Child Left Behind) Reauthorization (Steve Fowler)

* There is an effort to get language introduced to update the 21st CCLC as part of the reauthorization of ESEA (commonly known as No Child Left Behind) through the After School for America’s Children Act.
* Barbara Boxer introduced Senate Bill 326 (named to outline the after school hours 3 to 6), and a companion bill has recently been introduced in the House by Kildee (HR 4086). The bill introduced in the House makes specific mention of nutrition and physical activity.
* Co-sponsors are still being sought for both bills
* See [After School Alliance information on the After School for America’s Children Act](http://www.afterschoolalliance.org/afterschoolSnack/Reps-Kildee-DeLauro-introduce-bill-to-strengthen-support-of_02-25-2014.cfm) for more information

State Policy Updates (Kathy Lewis)

* [SB 949 (Jackson)](http://www.leginfo.ca.gov/cgi-bin/postquery?bill_number=sb_949&sess=CUR&house=B&author=jackson_%3Cjackson%3E) – This bill would make after-school programs that meet certain health guidelines eligible to be designated as “Distinguished After School Health (DASH) Programs”  through a self-certification process under the CA Department of Public Health. This is an updated version of SB 464 from last year. This bill is sponsored by CA State Alliance of YMCAs.
* [SB 1000 (Monning)](http://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=201320140SB1000) – This bill would require new safety warning labels on sugary drinks sold in California. A standard warning regarding the sugary drink impact on diabetes, obesity, and oral health would be required on all sugary drink bottles, cans, vending machines, and dispensers.

SNAP-Ed - Susan Vituli from the Public Health Institute

* SNAP-Ed funding comes from the USDA through the CA Dept of Social Services to the CA Dept. of Public Health. This has been rolled out through the Network for a Healthy CA, now the NEOP Branch (Nutrition Education and Obesity Prevention Branch).
* The rollout changes how the funding hits the community. Previously it was given to local school districts and education agencies primarily who provided matching funds. Now funds go to local health departments. There are 58 county and 3 city health departments that are receiving this funding in CA.
* Each County has to have a County Nutrition Action Plan (CNAP) developed by a county-wide coalition (serving on a coalition is a great way to get engaged in this new model to establish relationships with LHDs (Local Health Department).
* Public Health Institute receives funding from NEOP and works with the Center for Collaborative Solutions (CCS) through their Healthy Behaviors Initiative to promote partnerships between LHDs and afterschool programs.
* [CCS has created a Primer (After School Guide) on SNAP-Ed](http://www.afterschoolnetwork.org/announcement/after-school-guide-snap-ed-program) to help afterschool programs partner with LHDs.
  + Developed so after school programs could clearly see what the benefits are to connect with Local Health Departments. Also to illustrate how expanded learning programs create access to high need youth and advance healthy behaviors.
  + The document highlights many ways that expanded learning programs and local health departments, can partner to their mutual benefit.
  + .
* Seven TRCs (Training and Resource Centers) are being established in CA to provide direct assistance to LHDs and build local capacity. These contracts are currently under review and will be established shortly. Information will be provided to this committee on the seven regional TRCs. This is another avenue of connecting with Local Health Departments.
* **Alliance for A Healthier Generation food purchasing initiative(Jill Turley)**Model: Utilizing group purchasing organizations (GPO) to help sites streamline purchasing process, save time, and gain purchasing power.
* Group Purchasing Organizations can help sites save money by securing fixed prices on food and beverage products. They work on behalf of hospitals, schools, etc. and coordinate with local distributors so there is only one fee to one organization to accomplish multiple needs (including food and beverage, office supplies, and cleaning supplies).
* OST sites can reach out to GPOs to see how they can be of benefit. It is possible they could take advantage of cost-saving and logistical assistance by working with a GPO.
* Many organizations see a 20 percent decrease in cost.
* School districts can take advantage of GPOs.
* The GPOs that AHG is currently working with are HPS, Premier, and Provista.
* [View the audio-visual presentation](http://vimeo.com/89327506)
* Go to the Alliance for a Healthier Generation web site to [Learn more about GPOs](https://host.healthiergeneration.org/wellness_categories/healthy_eating/snacks_and_beverages/save_money/)

**Items for Next Meeting Agenda**

* **Sharing about HBI Learning Center partnerships with LHDs**
* **CANFIT Updated Meal Guide**
* **BOOST Conference**

**Meeting Attendees**

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| Heidel, Sarah |
| Tamannaie, Deborah |
| Marchesi, Bruno |
| Hinkle, Arnell |
| Lewis, Kathy |
| Fowler, Steve |
| Vitulli, Susan |
| Russin, Megan |
| Brar Prayaga, Rena |
| Milavich, Theresa |
| Patterson, Tracey |
| Oubre, Maya |
| Keiller, Ian |
| Vitulli, Susan |
| Heidel, Sarah |
| Hinkle, Arnell |
| Wylie, Alyson |
| Turley, Jill |
| Elder, Eric |
| Hassan, Doreen |

CAN Staff:

Jeff Davis