

Nutrition and Physical Activity Committee Meeting Notes
Tuesday, March 21, 2017
10:00AM-11:30AM

Introductions

Participants introduced themselves, shared one promising practice, and gave updates on their Program/Organization.

- Aleah Rosario, from CalSAC, will provide a presentation later during the committee meeting on the California AfterSchool and Summer Challenge. Promising practice is that the Department of Health is looking for host sites to share meals throughout San Francisco.
- Amira Resnick, Alliance for Healthier Generation, recently released new videos for helping facilitate a physical activity for staff that may not feel comfortable facilitating a physical activity.
- Anna Colby, from CFPA, will provide a state policy update and engage participants in a brief conversation about afterschool and summer meals later in the committee meeting.
- Erin Franey, EatFresh.org, developed online tools for families. Eatfresh.org offers many resources and in several languages.
- Gloria Halley, Regional 2 lead out of the Butte County Office of Education, in Tehama county the SERRF programs just had a highlight show, over 20 programs, came out and kids presented the different activities that they are doing on site.
- Jen Jinks, US Soccer Foundation, headed out to California to meet with Alameda County office of Education. They have recognized that it is difficult for kids to get outside and wanted to discuss potentially investing in soccer sites for kids.
- Michael Vaughan Cherubin, U.S. Soccer Foundation, will be presenting on the program Soccer for Success later in the committee meeting and is a partner with Soccer in the Streets that provides safe spaces for soccer in Atlanta.
- Signe Anderson, Food Research and Action Center, will be providing a national policy update later in the committee meeting.
- Steve Fowler, Consultant for FowlerHoffman, gave an update on the white house budget which potentially may eliminate after school funding and this has prompted alliances of various out-of-school time organizations to protect funding for programs and also for meals that are provided to students.

NuPA Co-Chair

NuPA co-chair Arnelle Hinkle resigned in 2016 after having served NuPA for nine years. We thank her for her service to NuPA. With her resignation, there was a vacancy in the co-chairmanship. After months of advertising the vacancy, Amira Resnick from the Alliance for a Healthier Generation expressed interest in the open position. Amira serves the Alliance for a Healthier Generations as a Healthy Out-of-School Time Manager. Her range of work includes providing professional

development training, coaching, and providing resources to increase healthy eating and physical activity in OST settings. She is based out of Los Angeles, CA and works with 44 OST sites in LA and Sacramento counties. Amira's co-chairmanship was called to a vote by the committee and unanimously was elected.

Policy Update

National Policy Update

Signe Anderson, from Food Research and Action Center (FRAC), gave a national policy update. Representatives Don Young and John Larson reintroduced the Summer Meals Act to the house. With the current political climate, FRAC doesn't see much happening on Child Nutrition Reauthorization (CNR). Beyond CNR, the larger community is voicing that afterschool is important and programs do great work. Efforts are more focused in playing defense and preserving funding of current afterschool. On the positive side, afterschool programs are organizing and together they're fighting for no cuts to afterschool. The White House proposed budget would cut 1.2 billion dollars in federal funding, in California that is 132 million dollar cut. 400 elementary and middle afterschool programs, there are 288 high schools that received 21st CCLC funding. Young people will be affected and will be at home, alone, safety is a concern if there is nowhere for them to go. The afterschool alliance is a great resource to find out more information. Use Hashtag #AfterschoolWorks on social media for more information.

State Policy Update

Anna Colby, California Food Policy Advocates (CFPA), gave a state policy update. There are currently two bills CFPA is involved in. One of those bills is SB 138 (Count Me In! Expand Access to School Meals). This bill would expand the school meal program by effectively identifying students that are eligible for free and reduced school meals by ensuring the Department of Education can use medical income data to find students eligible and automatically enroll them in the free and reduced meal program. There are 1.7 million households that struggle to put food on the table. The bill would also require that high poverty school districts supply breakfast and lunch free of charge to all students. The second bill is AB 164 (Food Assistance) creates a flexible and adaptability food assistance structure. The bill would give the state flexibility to provide assistance through the current EDT system. CalFresh is a federal program and there is a great deal of instability in the federal policy right now. This would allow the state to provide benefits in addition to the federal CalFresh benefits.

CFPA is also in support of SB 78, a bill that would increase the ASES rate. CFPA partnered in the efforts of supporting SB 78 because it falls in line with the objectives of CFPA.

For more information on SB 138 click here:

http://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=201720180SB138

For more information on AB 164 click here:

http://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=201720180AB164

For more information on SB 78:

http://leginfo.legislature.ca.gov/faces/billNavClient.xhtml?bill_id=201720180SB78

California AfterSchool and Summer Challenge

Aleah Rosario from CalSAC, reviewed the 13th annual California AfterSchool and Summer Challenge. The Challenge will take place on Monday, May 15- Tuesday, May 16, 2017. This is a timely and important event for everyone to know about. There are lots of challenges at the federal level and there is a need to protect funding. The challenge has focused its efforts to increase the ASES rate. Family, youth and advocates come together to let the legislature know how important programs are. Most of you might know about the campaign to increase the ASES rate; the minimum wage has gone up over the years, but funding for programs has stayed stagnant, the consumer price index has also gone up. The Save Afterschool Campaign is ongoing but has been successful in garnering support from the Legislature. A flat ASES rate means programs closing their doors and unable to find and retain qualified staff. The solution, and 2017 campaign goal, is SB 78 which would increase the ASES daily rate and in the future would include increase to be tied to the state minimum wage increase.

Learn more about the Save afterschool campaign:

www.saveafterschool.com

Learn more about the Afterschool and Summer Challenge:

https://calsac.org/get_involved/advocacy_challenge

Soccer for Success Presentation

Michael Vaughan Cherubin, Senior Program Manager for the U.S. Soccer Foundation, introduced the new program from the U.S. Soccer Foundation. The U.S. Soccer Foundation came from the 1994 Soccer World Cup Proceeds. U.S. Foundation wanted to expand the scope of their work and to target underserved communities. Soccer for Success is an out-of-school time program that leverages soccer to encourage a high level of physical activity. The program is over seven years old and has had a lot of success. The program's success is due to soccer being affordable, can be done with minimal equipment and meets the Quality Standards for Expanded Learning. Soccer is easy, accessible to learn, broadly appealing, and space for playing soccer is flexible. It creates a team-oriented and collaborative environment. The U.S. Soccer Foundation will also have a big presence at the BOOST Conference. Making an investment in curriculum is difficult but very cost effective.

For more information about Soccer for Success, click here:

<https://ussoccerfoundation.org/programs/soccer-for-success>

DASH 2017 Application

Bruno Marchesi went over the Distinguished After School Health (DASH) recognition program. In 2014, California Department of Education co-sponsored SB 949 and created DASH. It is in its 2nd year and applications have been released recently and have a deadline of May 15, 2017. The program was developed to recognize programs doing exemplary work in healthy choices and behaviors. DASH is broken down into three content areas. There are ten indicators for the three content areas. The application was created with an advisory committee composed by the afterschool field. The advisory committee wanted an application that was easy to complete and submit, in a checklist format, and to take about 30 minutes to complete. If recognized by DASH, the certification lasts for 2 years and there is no need to apply the year after originally applying. New sites that didn't apply last year are eligible to apply. Awardees of DASH receive a certificate from CDE and are listed on the CDE website. Close to 200 programs were DASH certified last year.

For a narrative to complete the DASH application, click here:

<https://youtu.be/N4glyUavycU>

For more information about DASH, click here:

<http://bit.ly/DASH2017app>

Upcoming Meeting Dates (all Tuesday)

- May 9, 2017
- September 12, 2017