

Nutrition and Physical Activity Committee Meeting Notes
Tuesday, May 17, 2016
10:00AM-11:30AM

Introductions

Participants introduced themselves, shared one promising practice, and gave updates on their Program/Organization.

- Arnel Hinkle, from CANFIT, was in Iowa witnessing a promising practice called “Cafeteria Coaching,” The program involves older students introducing new healthy foods to elementary students during their lunch hour.
- Bruno Marschesi, from Center for Collaborative Solutions, shared that five new Healthy Behaviors Initiative Learning Centers in the San Joaquin and Stanislaus counties were graduating that week. There are now 37 centers around the state.
- Jamie Bumia, from the Team California for Healthy Afterschools (TCHAS) Fontana Afterschool Program, Community Services Supervisor oversees the program and will present a Youth Engagement Presentation.
- Steve Fowler, Consultant for FowlerHoffman, shared that he and Jessica Hay from CAN, will be in Washington D.C. for the Afterschool Challenge. Taking the health message to the Capitol.

Work Group Update

Arnell Hinkle gave an update on the Before, Afterschool, and Summer Meal Work Group. The Super Snack meal is being supported by 2,600 publically funded afterschool programs and provide about 6 million meals. A special thank you goes out to everyone who contributed to the outreach of this program. Amira Resnick, from the Alliance for a Healthier Generation, presented an update on the Traveling Apple policy. Amira has created a single page fact sheet for sites and programs to reference. The informational handout is intended to be an accurate document with a standardized look including an official design or logo. The main concern of the project is maximizing exposure and reach across the state. The projects official next steps are to post the document on the website before the next meeting, reach out the Nutritional Services Division, and connect with regional specialists from the CDE.

Youth Engagement Presentation

Jamie Bumia Community Services Supervisor for the City of Fontana gave a presentation on TCHAS. There are 37 TCHAS sites in the city of Fontana, with 3,500 students attending afterschool programs. Region 10 has created a learning community that has partnerships with Kaiser Permanente and other local non-profits focused on obesity. The partnerships focus on creating better awareness of nutrition and healthy lifestyle habits. 11 programs and institutions from region 10 have spent the last four years perfecting the five leading principals of TCHAS and act as mentors to local programs. The Leading Principals are Establish and Implement a

Wellness Policy, Nutrition Education, Healthy Snack, Physical Activity and Mentorship and Coaching. Utilizing SMART goals and being intentional with their action plan in creating better practices and systems, they have become a successful example of what continuous quality improvement can do for expanded learning.

Steve Fowler inquired about health systems such as Kaiser Permanente investing money into non-profit systems. Kaiser Permanente and local hospitals provide resources and support as part of their community benefits commitment to programs like Healthy Fontana, Healthy Behaviors Initiative and Pro Youth Heart. Locally based hospitals conduct a community needs assessment every three years to indicate priorities for funding. In order to leverage the opportunities these institutions provide, afterschool programs must be marketed to see how well they fit with those identified priorities. It was proposed that the committee presents information at a state level regarding access to these limited community benefit funds and simultaneously encourage hospital associations to seek out expanded learning programs. This will be taken into consideration when creating plans for September's NuPA meeting agenda.

Policy Update

Steve Fowler discussed a local advocacy day hosted by The California School-Age Consortium recently, Save Afterschool Challenge, aimed to promote an increase in the daily ASES program rate from \$7.50 to \$8.50. There was a great turn out of afterschool program participants from across California. Last year, despite the support for expanded learning, Governor Jerry Brown did not approve the ASES increase proposition claiming the problem should be solved at the local level and additional funds would not be allocated by the state. The Challenge provided a great opportunity to connect with others in the field to promote afterschool and expanded learning. The Afterschool for All Challenge in Washington D.C. is fast approaching and focuses on increasing the 21st CCLC funding.

National Policy Update

Signe Anderson, from Food Research and Action Center (FRAC), gave an update on the Improving Child Nutrition and Education Act. The bill is strongly opposed for several reasons. The bill weakens streamline provisions and does not allow summer food service sponsors to operate year round through FFSP. Instead, sponsors would have to apply to outside programs to participate year round. This would mean a low reimbursement rate for providers, and fewer site qualifications due to census regulation. Only three states are eligible to participate under bill, California not being one of them. Other problematic points include weakened evidence based school nutrition and beverage standards and USDA's ability to establish regulations around the programs. The House bill is split down the party line, with possible amendments tacked onto it, and there seems to be a low possibility that it will go to the floor. The Senate has not been able to produce numbers either way. At this point, we request that you reach out, call members, and vocally oppose the bill. An opposition letter has been sent out, and support from additional organizations as a coalition would be greatly appreciated.

State Policy Update

Tracey Patterson, California Food Policy Advocates (CFPA), informed the committee of recent state budget revisions. Governor Brown will continue to restrain his spending in preparation for a future economic downturn. Since January, the Governor announced implementation of the new statewide minimum wage increase, homelessness reduction plan, and an expansion of MediCal services, most notable, healthcare for undocumented kids beginning this month. The revision has eliminated a recently proposed small cost of living adjustment. There is little to no new investments in nutrition, attributable to decreased pool of funds for categorical programs, specifically state meal reimbursements. The FDA has a proposal aimed at investing in expanding After The Bell Breakfast. The grant would allow more spending flexibility and increase the reimbursement rate. It has been requested that the highest poverty stricken schools be moved to participate and will be heard in the assembly budget subcommittee. Assembly Bill 2124 would appropriate 10 million dollars for filtration stations in schools without safe drinking water, is currently in Assembly Appropriations Committee. California Department of Education (CDE) supported bill Senate Bill 1169 sets to bring smart snack regulation state laws in line with federal laws, is currently in Senate Appropriations Committee and should move to the Senate floor for a vote. The new state budget should be released June 15, 2016.

Fiscal Resource and Partnership – DASH Update

Bruno Marchesi gave an update on DASH. 202 applications were submitted to CDE. A selection of readers will finalize their decision for DASH certification by May 27. They will announce those selected in the beginning of June. DASH certifications are good for 2 years and are offered yearly.

State of the State

Jessica Hay informed the group of the State of the State. A soft launch of the publication was released during the Save Afterschool Challenge, and the final release will be in the near future. A webinar around the State of the State will be finalized and available by the end of June. This committee will be happy to know there is a significant amount of NUPA information.

Summer Meals

FRAC will be working with state leagues to improve participation in summer and afterschool meals. For this grant year, California has been selected to be part of this round of the Champs Project. Additionally, Rangeapp.org is an application parents and families can use to find free summer meals provided by the USDA.

Next Steps

There will be a presentation from the Youth Engagement work group at the next meeting.